Mar 9, 2023 ISSUE: 23-03

# SAFETY T FLASH

SAFETY HOTLINE 617-222-SAFE

## **ROW PPE REQUIREMENTS**

SO# 22-244

DETAIL >

## UNDERSTANDING THE HAZARDS

The MBTA Right of Way (ROW) poses many physical hazards for anyone who encounters it. Whether you are out on the ROW for operations, track maintenance and inspection, or incident response, you must follow the ROW Rulebook, Special Order 22-244, as well as any additional Rules and Procedures your department may require per job task.

#### **HAZARDS:**

- Electrical (3rd rail, cables)
- Mechanical (track switches)
- Tripping (running rails, cables, ballast)
- Vehicles/moving equipment
- Poor visibility
- Inclement weather conditions
- Busy shop areas, yards/garages

#### **RISKS:**

- Electric shock
- Struck by vehicle/equipment
- Caught in-or-between vehicles/equipment
- Slips/Trips/Falls
- Death
- Property damage

#### Search "PPE" on





APPLICATION>

### WHOM IT AFFECTS

This affects any MBTA or contracted employees who work on or near the ROW.



| PPE   | MINIMUM REQUIRED PPE TYPE  |
|---|--|
| Hard Hat  | OSHA 1910.135, ANSI Z89.1 and NFPA 70E 130.7, Type I,<br>Class E   |
| Safety Eyeglasses                                 | OSHA 1910.133 and ANSI/ISEA Z87.1  |
| Work Boot   | OSHA 1910.136, ASTM F-2412-18a & ASTM F-2413-18 Composite Toe, EH-Electrical Hazard Resistant, PR- Puncture Resistant, Slip Resistant, 6-inch, Defined Heel  |
| Upper Body Safety<br>Reflective Garment           | ANSI/ISEA 107 High visibility, yellow-green, retro reflective, Class 2, Type R, 5-point breakaway (vest only), "X" stripe pattern on back (MBTA requirement) |
| Lower Body Safety<br>Garment                      | Full Length Pants<br>(Cotton or Wool preferred)  |
| ADDITIONAL MBTA<br>REQUIREMENTS FOR<br>ROW ACCESS | MINIMUM ROW ACCESS REQUIREMENTS  |
| Right-of-Way (ROW)<br>License                     | MBTA valid (unexpired) ROW license on person (Employee and Contractor)   |
| Flashlight (Hand-held)                            | ANSI/NEMA FL 1-2009<br>LED, Polypropylene industrial construction,35 Lumens, 45 meters,<br>100 hours*, Impact & Water resistant                              |
| Whistle   | High-impact plastic, sharp loud blast, >120dB, 3150 hertz tone preferred   |



HOW TO>

## MITIGATE THE HAZARDS



All MBTA employees and contractors must follow the updated rules and procedures regarding PPE usage on the ROW, as required by Special Order# 22-244.

Any employee who has questions about the new PPE requirements is encouraged to speak to their direct supervisor.

Contractors should speak with their assigned MBTA Liaison for specific PPE requirements of the permitted work to be completed before entering the MBTA ROW.



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